



Condensed Theories of Patterns

The theoretical appendix was compiled by Sahyun Thierry Meyour, Sahyun Mikko Allinniemi, Sabum Saija Aalto, Sabum Heli Karjalainen, Sabum Lasse Kuusisto, Sabum Jouni Aartola, and Sabum Inka Khanji.

In Taekwon-Do, there are 24 patterns because a human's life can be considered one day long when compared to eternity. Thus, we are simple travelers passing eternity in a day. There are a total of 970 movements in the 24 patterns.

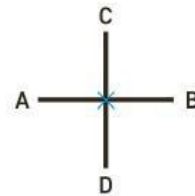
“Thus I leave Taekwon-Do to mankind as a trace of a man of the 20th century. The 24 patterns represent 24 hours, one day, or all my life.”

General Choi Hong Hi, 9th degree

Chon-Ji, 19 movements

9th gup, white belt with yellow stripe

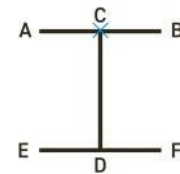
Means literally “the Heaven and the Earth”. It is, in the Orient, interpreted as the creation of the world or the beginning of human history. Therefore, it is the initial pattern played by the beginner. This pattern consists of two similar parts: one to represent Heaven and the other the Earth.



Dan-Gun, 21 movements

8th gup, yellow belt

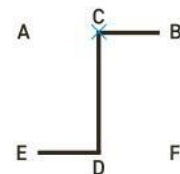
Is named after the holy Dan-Gun, the legendary founder of Korea in the year 2 333 B.C.



Do-San, 24 movements

7th gup, yellow belt with green stripe

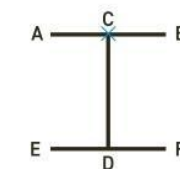
Is the pseudonym of the patriot Ahn Chang-Ho (1876-1938). The 24 movements represent his entire life which he devoted to furthering the education of Korea and its independence movement.



Won-Hyo, 28 movements

6th gup, green belt

Was the noted monk who introduced Buddhism to the Silla dynasty in the year of 686 A.D.

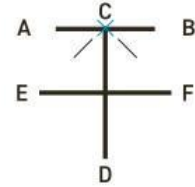




Yul-Gok, 38 movements

5th gup, green belt with blue stripe

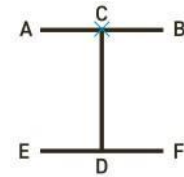
Is the pseudonym of a great philosopher and scholar Yi I (1536-1584) nicknamed the "Confucius of Korea". The 38 movements of this pattern refer to his birthplace on the 38th latitude and the diagram represents the scholar.



Joong-Gun, 32 movements

4th gup, blue belt

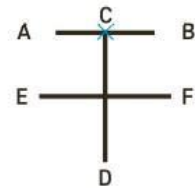
Is named after the patriot Ahn Joong-Gun who assassinated Hiro-Bumi Ito, the first Japanese governor-general of Korea, known as the man who played a leading part in the Korea-Japan merger. There are 32 movements in this pattern to represent Mr. Ahn's age when he was executed at Lui-Shung prison in 1910.



Toi-Gye, 37 movements

3th gup, blue belt with red stripe

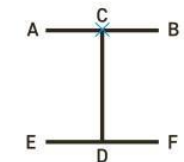
Is the pen name of the noted scholar Yi Hwang (16th century), an authority on neo-Confucianism. The 37 movements of the pattern refer to his birthplace on 37th latitude, the diagram represents the scholar.



Hwa-Rang, 29 movements

2th gup red belt

Is named after the Hwa-Rang youth group which originated in the Silla Dynasty in the early 7th century. The 29 movements refer to the 29th Infantry Division, where Taekwon-Do developed into maturity.



Choong-Moo, 30 movements

1th gup, red belt with black stripe

Was the name given to the great admiral Yi Soon-Sin of the Lee dynasty. He was reputed to have invented the first armored battleship (Kobukson) in 1592, which is said to be the precursor of the present-day submarine. The reason why this pattern ends with a left-hand attack is to symbolize his regrettable death, having no chance to show his unrestrained potentiality checked by the forced reservation of his loyalty to the king.

